# Monthly News

We would like to welcome each of our new participants! We look forward to serving your needs.

We continue to expand and grow in large part due to our existing participants and their caregivers. Thank you so much for your referrals. We hope that you will continue to spread the word about our program.

If the PACE Center is closed and you need urgent medical advice and/or assistance, call our main number (listed below) to reach our answering service, which will page our on-call medical staff. Please do not call this number for an emergency. For emergencies, please call 911.

If you have questions about anything on this calendar, please call the Center and ask to speak with the Life Enrichment Staff.

### Important information

If you have any cold or flu symptoms, please do not visit the PACE Center. You should remain at home for the day and call us after 8 a.m. so that your care team can assess your symptoms and provide direction to you on what is needed.

If you need to stay home for a non-medical reason on a day that you are scheduled to come into the Center, please call the transportation service at the number below to cancel your ride. Please also call the Center after 8 a.m. to let us know you won't be coming in.

Please do not bring food items from home into the Center. Many of our participants are on special diets, or have allergies, and the sharing of food may pose a hazard to their well-being. However, if you are planning on bringing in a birthday cake, please let us know the day before. All birthday cakes must be store-bought (sorry, we can't accept homemade cakes).

#### Fallon Health's Summit ElderCare

1081 Varnum Ave., Lowell, MA 01854

**1-978-427-6810 (TRS 711)** • 8 a.m.–5 p.m., Monday–Friday

Inclement weather line (toll-free): **1-855-508-3722**Transportation service: Need A Lift Medivan: **1-978-649-6568** 

# Caregiver Corner



Caregivers and family members are welcome to attend our monthly caregiver support group meetings. Below is the information for the group meeting this month. Each group offers education, support and the opportunity to meet other caregivers and family members.

For information about meetings at our other centers, visit fallonhealth.org/summit.

We have an online resource for you! Check out Fallon Health's Caregiver Connection blog. You can find it at fallonhealth.org/caregiver-blog.

Tip of the month:



Important reminders:

DATE: ROOM:

LUNCH		ACTIVITIES	EXTRAS
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### Daily activities:

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