



Monthly News

We would like to welcome each of our new participants!

We look forward to serving your needs.

We continue to expand and grow in large part due to our existing participants and their caregivers. Thank you so much for your referrals and we hope that you will continue to spread the word about our program.

If the PACE center is closed and you need urgent medical advice and assistance, call the Center to reach the answering service who will page our on-call medical staff. Please do not call this number for an emergency. For emergencies, **please call 911.**

Important information

If you need to stay home for a non-medical reason on a day that you are scheduled to come into the Center, please call the transportation service to cancel your ride. Please also call the Center after 8 a.m. to let us know you won't be coming in.

Please remember to wear your transportation name badge when being transported to the site. This is for your safety.

Please do not bring food items from home into the Center. Many of our participants are on special diets, or have allergies, and the sharing of food may pose a hazard to their well-being. However, if you are planning on bringing in a birthday cake, please let us know the day before. All birthday cakes must be store bought (sorry, we cannot accept homemade cakes).

Transportation note: Pick up and drop off times may vary due to various unavoidable circumstances. These circumstances include weather, road conditions and delays with previous pick up and drop offs on the same day. Please note that the afternoon transport does not leave the center until each participant is helped onto the van individually to ensure safety and security. If you have any questions or concerns about your transportation times, please speak with the Transportation Coordinator at the site.

Summit ElderCare contact information

88 Masonic Home Rd. Charlton, MA 01507

1-508-434-3200 (TRS 711) • 8 a.m.–5 p.m., Monday–Friday

Activities Coordinator: Renee Aucoin: 1-508-784-3234

Inclement weather line (toll-free): 1-855-508-3722

Transportation service: Quality Chair Van: 1-508-793-9000



Caregiver Corner

Caregivers and family members are welcome and highly encouraged to attend any and all of our support groups. Below are the groups scheduled for this month. Each group offers education, support and the opportunity to meet other caregivers and family members. Refreshments are offered at each group as well.

Topic	Date/Time	Location	Contact	Sponsoring site

Tip of the month:



Activities calendar

Feb. 26 – Mar. 2, 2018

Room: Hilltop

	Activities	Extras
Monday 26 Lunch:		
Tuesday 27 Lunch:		
Wednesday 28 Lunch:		
Thursday 1 Lunch: Beef Tips, Noodles, Spinach and Cannoli	9:30 My Favorite Things 10:00 Concentrations 10:30 Current Events 12:30 PM Stretch 1:00 Would You Rather? 2:00 Debate	
Friday 2 Lunch: Potato Crusted Cod, Parmesan Rice, Creamed Corn and Brownies	9:30 Paper Flowers 10:00 Word Jumble 10:30 State Crossword 12:30 PM Stretch 1:00 Bingo 2:00 Bingo	

Note:

Coffee Social and table games every day from 8:00 a.m. to 9:30 a.m.
 Lunch is served at 11:30 a.m.
 Walk and Roll at 1:00 p.m.
 Sensory Enhancement at 2:30 p.m. every day.



Activities calendar

March 5 - 9, 2018

Room: Hilltop

	Activities	Extras
Monday 5 Lunch: Swiss Steak, Mashed Potatoes, Carrots and Chocolate Ice Cream	9:30 Analogies 10:00 A Pint of Ale 10:30 The Chat Room 12:30 PM Stretch 1:00 You Be the Change 2:00 Horseshoes	
Tuesday 6 Lunch: Turkey Cacciatore, Pasta, Mixed Vegetables and Chocolate Cake	9:30 Tissue Paper Blossoms 10:00 Charades 10:30 Pass It On 12:30 PM Stretch 1:00 70's Discussion 2:00 Charades	Happy Birthday Santos R! Communion 10 a.m.
Wednesday 7 Lunch: Stuffed Pork Chop, Sweet Potato, Creamed Spinach and Pumpkin Bars	9:30 No Dots 10:00 Mini Letter Sudoku 10:30 Unique Drawings 12:30 PM Stretch 1:00 Bingo 2:00 Bingo	Happy Birthday Sylvia H! Spiritual Devotions 12:30
Thursday 8 Lunch: Chicken & Dumplings, Oriental Vegetables and Angel Food Cake	9:30 Change the Letter 10:00 Food Trivia Quiz 10:30 Famous Ads 12:30 PM Stretch 1:00 Entertainment! 2:00 Tammy Casavant!	
Friday 9 Lunch: Chicken Parmesan, Broccoli, Pasta and Cherry Chocolate Bars	9:30 Wacky Wordies 10:00 Title of a Song 10:30 State Nicknames 12:30 PM Stretch 1:00 Wheel of Fortune 2:00 Missing Numbers	

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Walk and Roll at 1:00 p.m.

Sensory Enhancement at 2:30 p.m. every day.



Activities calendar

March 12 – 16, 2018

Room: Hilltop

	Activities	Extras
Monday 12 Lunch: Beef Macaroni, Casserole, Green Beans and Pudding Tarts	9:30 Daffodil Door Decor 10:00 Hockey Word Search 10:30 Word Generation 12:30 PM Stretch 1:00 Bingo 2:00 Bingo	
Tuesday 13 Lunch: Pot Roast, Mashed Potatoes, Carrots and Berry Pear Crisp	9:30 Crosswords 10:00 Chef Categories 10:30 Word Elimination 12:30 PM Stretch 1:00 Add a Word 2:00 Old Time Religion	Communion
Wednesday 14 Lunch: Chicken Florentine, Fettucine, Italian Vegetables and Brownies	9:30 Roll-Up Card 10:00 Scrambled St. Patty's Day 10:30 Irish Humor 12:30 PM Stretch 1:00 Entertainment! 2:00 Sandy Allen!	Happy Birthday Lorraine M. and Marie D!
Thursday 15 Lunch: Country Fried Steak, Cheesy Mashed Potatoes, Spinach and Applesauce	9:30 March IQ 10:00 Truth or Blarney 10:30 A Pint of Ale 12:30 PM Stretch 1:00 Musical Art 2:00 You Be the Judge	Spiritual Devotions 12:30
Friday 16 Lunch: Hamburger, French Fries, Broccoli and Lemon Meringue Pie	9:30 Not Easy Being Green 10:00 Word Game 10:30 St. Patty's Day Chat 12:30 PM Stretch 1:00 St. Patty's Day Social 2:00 Dancing!	Happy Birthday June L (17 th) and Marie R! (17 th)

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Walk and Roll at 1:00 p.m.

Sensory Enhancement at 2:30 p.m. every day.



Activities calendar

March 19 - 23, 2018

Room: Hilltop

	Activities	Extras
Monday 19 Lunch: Lasagna, Cauliflower and Butterscotch Cream Cheese Bars	9:30 Scrambled Easter 10:00 A-Mazing Maze 10:30 Memory Table 12:30 PM Stretch 1:00 Would You Rather? 2:00 A 50's Kind of Wife	
Tuesday 20 Lunch: Turkey Vegetable Pie, Baked Potato and Molasses Cookie	9:30 My Favorite Things 10:00 Mind Stretchers 10:30 Tongue Twisters 12:30 PM Stretch 1:00 Bingo 2:00 Bingo	Happy Birthday Marion L! Communion at 10:00 a.m.
Wednesday 21 Lunch: Meatloaf, Butternut Squash, Tri-Color Potatoes and Parfaits	9:30 Cherry Blossom Painting 10:00 Cherry Blossom Painting 10:30 Words from Words 12:30 PM Stretch 1:00 Debate 2:00 Number Sequencing	
Thursday 22 Lunch: Creamy Swiss Chicken, Rice Pilaf, Carrots and Apple Orchard Bars	9:30 Unique Drawing 10:00 The Chat Room 10:30 Name That Tune 12:30 PM Stretch 1:00 You Be the Change 2:00 Current Events	
Friday 23 Lunch: Cheese Stuffed Shells, Garden Vegetables, Garlic Bread and Apple Dumplings	9:30 Spring Craft 10:00 Judge Melissa 10:30 Brain Games 12:30 PM Stretch 1:00 Wheel of Fortune 2:00 Spring A- Z	Spiritual Devotions 12:30

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Activities calendar

March 26 – 30, 2018

Room: Hilltop

	Activities	Extras
Monday 26 Lunch: Pork Chop with Apples, Sweet Potatoes, Carrots and Pumpkin Cake	9:30 Easter Maze 10:00 Easter Word Fit 10:30 Change One Letter 12:30 PM Stretch 1:00 Entertainment! 2:00 Gary Landgren	Happy Birthday Wendy O!
Tuesday 27 Lunch: Roast Turkey, Mashed Potatoes, Green Beans and Cherry Pie	9:30 No Dots 10:00 Easter Message 10:30 State Crossword 12:30 PM Stretch 1:00 Wheel of Fortune 2:00 Scattagories	Communion at 10 a.m. Spiritual Devotions 12:30
Wednesday 28 Lunch: Baked Spaghetti, Green Beans, Garlic Toast and Apple Cake	9:30 Easter Sunday Mining 10:00 March IQ 10:30 Famous First Ladies 12:30 PM Stretch 1:00 Pokeno 2:00 Bottoms Up	Happy Birthday Ashley A!
Thursday 29 Lunch: Chicken Cordon Bleu, Potatoes Asparagus and Blueberry Cheesecake	9:30 Paper Cross 10:00 The Chat Room 10:30 Unique Drawings 12:30 PM Stretch 1:00 You Be the Judge 2:00 Pictionary	
Friday 30 Lunch: Pecan Crusted Tilapia, Rice Pilaf, Broccoli and Red Gelatin Cake	9:30 Paper Cross 10:00 Jellybean Word Search 10:30 Egg Decorating 12:30 PM Stretch 1:00 Bingo 2:00 Bingo	

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Room: Meadowside

	Activities	Extras
Monday 26 Lunch:		
Tuesday 27 Lunch:		
Wednesday 28 Lunch:		
Thursday 1 Lunch: Beef Tips, Noodles, Spinach and Cannoli	9:30 Puzzles 10:00 Monthly Chronicles 10:30 Octaband 12:30 PM Stretch 1:00 Lawrence Welk 2:00 Welk History	
Friday 2 Lunch: Potato Crusted Cod, Parmesan Rice, Creamed Corn and Brownies	9:30 Favorites A-Z 10:00 Figures Of Speech 10:30 Follow Me 12:30 PM Stretch 1:00 Famous Families 2:00 Found In Fours	

Note:

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 Lunch is served at 11:30
 Chapel visits as desired
 1:1 and Sensory visits throughout the day.



Activities calendar

March 5 - 9, 2018

Room: Meadowside

	Activities	Extras
Monday 5 Lunch: Swiss Steak, Mashed Potato, Carrots and Chocolate Ice Cream	9:30 What's In The Bag? 10:00 What's Next? 10:30 Parachute 12:30 PM Stretch 1:00 What's That Sound? 2:00 Bottle Of What!	
Tuesday 6 Lunch: Turkey Cacciatore, Spaghetti Noodles, Mixed Vegetables and Chocolate Cake	9:30 Life Skills 10:00 Trivia 10:30 Measurements 12:30 PM Stretch 1:00 Country Music 2:00 Toss Um	Happy Birthday Santos R! Communion 10 a.m.
Wednesday 7 Lunch: Stuffed Pork Chops, Sweet Potato, Creamed Spinach and Pumpkin Bars	9:30 Daily Chronicle 10:00 Places We Know 10:30 Armchair Travel 12:30 PM Stretch 1:00 Ocean Scenes 2:00 Yoga	Happy Birthday Sylvia H!
Thursday 8 Lunch: Chicken & Dumplings, Oriental Vegetables and Angel Food Cake	9:30 Coupon Cutting 10:00 Grocery Store Hunt 10:30 Favorite Foods 12:30 PM Stretch 1:00 Dance Songs 2:00 Let's Dance	
Friday 9 Lunch: Chicken Parmesan, Broccoli, Spaghetti and Cherry Chocolate Bars	9:30 Circle Craft 10:00 Circle Time 10:30 Conversation Ball 12:30 PM Stretch 1:00 Round Songs 2:00 Round A-Z	

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March 12 – 16, 2018

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	Activities	Extras
Monday 12 Lunch: Beef Macaroni Casserole, Green Beans and Pudding Tarts	9:30 Brain Teasers 10:00 Hangman 10:30 Hubwords 12:30 PM Stretch 1:00 One Hit Wonders 2:00 Stretch It	
Tuesday 13 Lunch: Pot Roast, Mashed Potatoes, Carrots and Berry Pear Crisp	9:30 Leprechaun Craft 10:00 Proverbs 10:30 Irish Poems 12:30 PM Stretch 1:00 Irish Music 2:00 Charades	Communion
Wednesday 14 Lunch: Chicken Florentine, Fettucine, Italian Vegetables and Brownies	9:30 Leprechaun Craft 10:00 Animal Groupings 10:30 Animal Stories 12:30 PM Stretch 1:00 Swaying The Music 2:00 Butterfly Facts	Happy Birthday Lorraine M. and Marie D!
Thursday 15 Lunch: Country Fried Steak, Cheesy Mashed Potatoes, Spinach and Applesauce	9:30 Chat Pack 10:00 Joggin Your Noggin 10:30 Ring Toss 12:30 PM Stretch 1:00 Entertainment With 2:00 Peter Allard	
Friday 16 Lunch: Hamburger, French Fries, Broccoli and Lemon Meringue Pie	9:30 St. Patrick's Day Games - 10:00 Puzzles & History 10:30 Irish Step Dancing 12:30 PM Stretch 1:00 Irish Music 2:00 St. Patrick's Day Social	Happy Birthday June L (17 th) and Marie R (17 th)!

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March 19 - 23, 2018

Room: Meadowside

	Activities	Extras
Monday 19 Lunch: Lasagna, Cauliflower and Butterscotch Cream Cheese Bars	9:30 Duck Craft 10:00 Password 10:30 Spring Cleaning A-Z 12:30 PM Stretch 1:00 Entertainment with Gary Landgren 2:00	
Tuesday 20 Lunch: Turkey Vegetables Pie, Baked Potato and Molasses Cookies	9:30 Duck Crafty 10:00 To Do List 10:30 Signs Of Spring 12:30 PM Stretch 1:00 Spring Songs 2:00 Shake Rattle & Roll	Happy Birthday Marion L! Communion at 10:00 a.m.
Wednesday 21 Lunch: Meatloaf, Butternut Squash, Tri Color Potatoes and Parfaits	9:30 Cards 10:00 Clue Trivia 10:30 Outburst 12:30 PM Stretch 1:00 Everly Brothers 2:00 Bean Bag Toss	
Thursday 22 Lunch: Creamy Swiss Chicken, Rice Pilaf, Carrots and Apple Orchard Bars	9:30 Nail Care 10:00 Think about It 10:30 Word Scramble 12:30 PM Stretch 1:00 Camp Songs 2:00 Follow Me	
Friday 23 Lunch: Cheese Stuffed Pasta Shells, Garden Vegetables, Garlic Bread and Dumplings	9:30 Door Decorations 10:00 Word Block 10:30 Tongue Twisters 12:30 PM Stretch 1:00 Dance Songs 2:00 Twister	

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Tuesday 27 Lunch: Roast Turkey, Mashed Potatoes, Green Beans and Cherry Pie	9:30 Bunny Craft 10:00 Current Events 10:30 Boggle 12:30 PM Stretch 1:00 50's Music 2:00 All About Cars	Communion at 10 a.m.
Wednesday 28 Lunch: Baked Spaghetti, Green Beans, Garlic Toast and Apple Cake	9:30 Pom Pom Painting 10:00 Wash Day 10:30 Quilts 12:30 PM Stretch 1:00 Mitch Miller 2:00 Bowling	Happy Birthday Ashley A!
Thursday 29 Lunch: Chicken Cordon Bleu, Potatoes, Asparagus and Blueberry Cheesecake	9:30 Pom Pom Painting 10:00 Dear Barbara 10:30 Things On A.. 12:30 PM Stretch 1:00 Songs A-Z 2:00 Octaband	
Friday 30 Lunch: Pecan Crusted Tilapia, Rice Pilaf, Broccoli and Red Gelatin Cake	9:30 Easter Facts 10:00 Reminiscing 10:30 Grateful A-Z 12:30 PM Stretch 1:00 Spiritual Songs 2:00 Good Friday Social	

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