



# Monthly News

We would like to welcome each of our new participants!

We look forward to serving your needs.

We continue to expand and grow in large part due to our existing participants and their caregivers. Thank you so much for your referrals and we hope that you will continue to spread the word about our program.

**If the PACE center is closed and you need urgent medical advice and assistance, call the Center to reach the answering service who will page our on-call medical staff. Please do not call this number for an emergency. For emergencies, please call 911.**

## Important information

If you need to stay home for a non-medical reason on a day that you are scheduled to come into the Center, please call the transportation service to cancel your ride. Please also call the Center after 8 a.m. to let us know you won't be coming in.

Please remember to wear your transportation name badge when being transported to the site. This is for your safety.

Please do not bring food items from home into the Center. Many of our participants are on special diets, or have allergies, and the sharing of food may pose a hazard to their well-being. However, if you are planning on bringing in a birthday cake, please let us know the day before. All birthday cakes must be store bought (sorry, we cannot accept homemade cakes).

**Transportation note:** Pick up and drop off times may vary due to various unavoidable circumstances. These circumstances include weather, road conditions and delays with previous pick up and drop offs on the same day. Please note that the afternoon transport does not leave the center until each participant is helped onto the van individually to ensure safety and security. If you have any questions or concerns about your transportation times, please speak with the Transportation Coordinator at the site.

**PLEASE NOTE THAT ALL SUMMIT ELDERCARE SITES WILL BE CLOSED ON MAY 28<sup>TH</sup> FOR THE MEMORIAL DAY HOLIDAY!**

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### Summit ElderCare contact information

88 Masonic Home Rd. Charlton, MA 01507

**1-508-434-3200 (TRS 711) • 8 a.m.–5 p.m., Monday–Friday**

Activities Coordinator: Renee Aucoin: 1-508-784-3234

Inclement weather line (toll-free): 1-855-508-3722

Transportation service: Quality Chair Van: 1-508-793-9000



# Caregiver Corner

Caregivers and family members are welcome and highly encouraged to attend any and all of our support groups. Below are the groups scheduled for this month. Each group offers education, support and the opportunity to meet other caregivers and family members. Refreshments are offered at each group as well.

Topic	Date/Time	Location	Contact	Sponsoring site

**Tip of the month:**



# Activities calendar

April 30 – May 1, 2018

Room: Hilltop

	Activities	Extras
<b>Monday 30</b>  <b>Lunch:</b>		
<b>Tuesday 1</b>  <b>Lunch:</b> Chicken Thighs, Squash, Baked Sweet Potato and Vanilla Ice Cream	9:30 Comedy Word Search 10:00 Funny Stories 10:30 Send in the Clowns 12:30 PM Stretch 1:00 Balloon Animals 2:00 Top 50's, 60's and 70's	
<b>Wednesday 2</b>  <b>Lunch:</b> Apricot Ham, Mashed Potatoes, Brussel Sprouts and Boston Cream Pie	9:30 Fine Food Word Search 10:00 Paper Banner 10:30 May IQ 12:30 PM Stretch 1:00 Wheel of Fortune 2:00 Word Games	
<b>Thursday 3</b>  <b>Lunch:</b> Chicken Parmesan, Spaghetti, Green Beans and Cannoli	9:30 Paris Gallery Search 10:00 Tissue Paper Umbrella 10:30 Fun Facts 12:30 PM Stretch 1:00 Spelling Bee 2:00 Music Review	Happy Birthday Vera C and Robert T!
<b>Friday 4</b>  <b>Lunch:</b> Baked Fish, Rice Blend, Vegetables and Strawberry Cream Pie	9:30 Mexican Cuisine Search 10:00 Cinco de Mayo Mining 10:30 Oatmeal Facials 12:30 PM Stretch 1:00 Salsa, Rumba 2:00 Who Am I?	

**Note:**

Coffee Social and table games every day from 8:00 a.m. to 9:30 a.m.  
 Lunch is served at 11:30 a.m.  
 Walk and Roll at 1:00 p.m.  
 Sensory Enhancement at 2:30 p.m. every day.



# Activities calendar

May 7 – 11, 2018

Room: Hilltop

	Activities	Extras
<b>Monday 7</b>  <b>Lunch:</b> Teriyaki Chicken, White Rice, Oriental Vegetables, and Peach Crisp	9:30 60's Song Word Search 10:00 Flower Art 10:30 Current Times 12:30 PM Stretch 1:00 Dreams 2:00 What If?	
<b>Tuesday 8</b>  <b>Lunch:</b> Cheese Stuffed Pasta, Vegetable Blend, Garlic Bread and Pudding	9:30 Bakery Word Search 10:00 May Basket 10:30 Mother Poetry 12:30 PM Stretch 1:00 Easy Does It Trivia 2:00 Bingo	
<b>Wednesday 9</b>  <b>Lunch:</b> Chicken Cordon Bleu, Mashed Potatoes, Spinach and Cherry Pie	9:30 Dress Style 10:00 Making Hummus 10:30 Famous Moms 12:30 PM Stretch 1:00 Hub Words 2:00 Wacky Numbers	
<b>Thursday 10</b>  <b>Lunch:</b> Stuffed Cabbage, Vegetable Medley, Dinner Roll and Sugar Cookies	9:30 Mathematics 10:00 Dear Melissa 10:30 Mom Said 12:30 PM Stretch 1:00 Pictionary 2:00 Charades	
<b>Friday 11</b>  <b>Lunch:</b> Fried Fish, French Fries, Cole Slaw and Lemon Mousse	9:30 Wacky Wordies 10:00 Mom's Day Word Search 10:30 Mother's Day Chat 12:30 PM Stretch 1:00 Tea Party 2:00 Musical Madness	Happy Birthday Dorothy P (5/12) and a Happy 100 <sup>th</sup> Norma C (5/13)!!

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Walk and Roll at 1:00 p.m.

Sensory Enhancement at 2:30 p.m. every day.



# Activities calendar

May 14 – 18, 2018

Room: Hilltop

	Activities	Extras
<b>Monday 14</b>  <b>Lunch:</b> BBQ Chicken, Pasta Salad, Corn and Coconut Cream Pie	9:30 Penny Ante 10:00 Butterfly Designs 10:30 Name That Tune 12:30 PM Stretch 1:00 Scattagories 2:00 List of Flowers	Happy Birthday Robert W and Linda B!
<b>Tuesday 15</b>  <b>Lunch:</b> Baked Ziti, Garlic Toast and Orange Cream Bars	9:30 Kaleidoscopes 10:00 Doll House 10:30 Thank You Police! 12:30 PM Stretch 1:00 Tiptoe Through the Tulips 2:00 Chair Dancing	Happy Birthday Debi B!
<b>Wednesday 16</b>  <b>Lunch:</b> Roast Turkey, Mashed Potatoes, Peas and Carrots and Blueberry Crisp	9:30 Photography Word Search 10:00 Photo Booth 10:30 Shutterbug 12:30 PM Stretch 1:00 Bingo 2:00 Current Events	Happy Birthday Paul N!
<b>Thursday 17</b>  <b>Lunch:</b> Chicken Fingers, Cucumbers, Spiral Fries and Confetti Cake	9:30 Stitched Up 10:00 Dear Debi 10:30 Chat Room 12:30 PM Stretch 1:00 Your Opinion 2:00 Music Through the Ages	Happy Birthday Annette M!
<b>Friday 18</b>  <b>Lunch:</b> Dill Glazed Salmon, Rice Pilaf, Squash and Dessert	9:30 Writing Forms 10:00 Flower Superstitions 10:30 Paper Flowers 12:30 PM Stretch 1:00 Mom Jokes 2:00 Sing to the Oldies	Happy Birthday Shirley P and Beverly L (5/20)!

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# Activities calendar

May 21 - 25, 2018

**Room:** Hilltop

	Activities	Extras
<b>Monday 21</b>  <b>Lunch:</b> Spaghetti & Meat Sauce, Breadstick and Vanilla Pudding	9:30 Aroma Therapy 10:00 Rock Painting 10:30 Dog Jokes 12:30 PM Stretch 1:00 Backyard Games 2:00 Parachute	Happy Birthday Sally H!
<b>Tuesday 22</b>  <b>Lunch:</b> Chicken Picatta, Broccoli, Fettucine and Chocolate Chip Cookies	9:30 Butterfly Word Search 10:00 Unique Drawings 10:30 True Stories 12:30 PM Stretch 1:00 Pong Challenge 2:00 Old Fashioned Rock & Roll	
<b>Wednesday 23</b>  <b>Lunch:</b> Chicken, Roasted Potatoes, California Blend Vegetables and Lemon Bars	9:30 In A Dream 10:00 You Have Talent 10:30 Did You Know? 12:30 PM Stretch 1:00 Laughter is the Best 2:00 Karaoke	Happy Birthday Kathryn B!
<b>Thursday 24</b>  <b>Lunch:</b> Baked Ham, Scalloped Potatoes, Vegetable Medley and Peanut Butter Pie	9:30 "M" Words 10:00 Current Events 10:30 True or False 12:30 PM Stretch 1:00 Word in a Word 2:00 Summit Has Talent	
<b>Friday 25</b>  <b>Lunch:</b> Fried Fish, French Fries, Cole Slaw and Banana Cake	9:30 Female Saints 10:00 Memorial Day Search 10:30 Heavenly Stories 12:30 PM Stretch 1:00 You Be the Judge 2:00 Bottom's Up	Happy Birthday James A, Pauline S (26 <sup>th</sup> ) and Joan N (27 <sup>th</sup> )!

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# Activities calendar

May 28 – June 1, 2018

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<b>Monday 28</b> <b>Lunch:</b>		<p style="text-align: center;"><b>CENTER IS CLOSED FOR THE HOLIDAY</b></p>
<b>Tuesday 29</b> <b>Lunch:</b> Chicken Marsala, Asparagus, Parslied Noodles and Chocolate Cream Pie	9:30 Rock Bands 10:00 True Facts 10:30 Musical Art 12:30 PM Stretch 1:00 British Bites 2:00 60's, 70's & 80's	Happy Birthday Robert B and Ed B!
<b>Wednesday 30</b> <b>Lunch:</b> Creamy Swiss Chicken, Rice Pilaf, Broccoli and Cherry Chocolate Bar	9:30 Eight Letter Words 10:00 Flower Pens 10:30 In Your Opinion 12:30 PM Stretch 1:00 Bingo Madness 2:00 A Day in the Life	
<b>Thursday 31</b> <b>Lunch:</b> BBQ Pork Ribette, Macaroni and Cheese, Carrots and Lemon Poppy Seed Cake	9:30 Sunglasses Search 10:00 Tongue Twisters 10:30 Mind Over Matter 12:30 PM Stretch 1:00 Name That Tune 2:00 Let's Dance!	
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Room: Meadowside

	Activities	Extras
<b>Monday 30</b>  <b>Lunch:</b>		
<b>Tuesday 1</b>  <b>Lunch:</b> Chicken Thighs, Squash, Baked Sweet Potato and Vanilla Ice Cream	9:30 May Day Baskets 10:00 May Day Traditions 10:30 Monthly Gazette 12:30 PM Stretch 1:00 May Day Music 2:00 Hand Bells	
<b>Wednesday 2</b>  <b>Lunch:</b> Apricot Ham, Mashed Potatoes, Brussel Sprouts and Boston Cream Pie	9:30 May Day Baskets 10:00 Fun Facts 10:30 What Am I? 12:30 PM Stretch 1:00 Name That Tune 2:00 Charades	
<b>Thursday 3</b>  <b>Lunch:</b> Chicken Parmesan, Spaghetti, Green Beans and Cannoli	9:30 Table Games 10:00 Burma Shave 10:30 Movies & TV Trivia 12:30 PM Stretch 1:00 All About Cars 2:00 Toss Um	Happy Birthday Vera C and Robert T!
<b>Friday 4</b>  <b>Lunch:</b> Baked Fish, Rice Blend, Vegetables and Strawberry Cream Pie	9:30 Short Stories 10:00 Riddle Jumble 10:30 Easy Does It Trivia 12:30 PM Stretch 1:00 Hank Williams 2:00 Let's Move!	

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 Chapel visits as desired  
 1:1 and Sensory visits throughout the day.



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May 7 – 11, 2018

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<b>Monday 7</b>  <b>Lunch:</b> Teriyaki Chicken, White Rice, Oriental Vegetables, and Peach Crisp	9:30 May IQ 10:00 Name This Flower 10:30 May Trivia 12:30 PM Stretch 1:00 Doris Day 2:00 Follow Me	
<b>Tuesday 8</b>  <b>Lunch:</b> Cheese Stuffed Pasta, Vegetable Blend, Garlic Bread and Pudding	9:30 Stencils 10:00 Which Word? 10:30 Found In Fours 12:30 PM Stretch 1:00 Johnny Cash 2:00 Conversation Ball	
<b>Wednesday 9</b>  <b>Lunch:</b> Chicken Cordon Bleu, Mashed Potatoes, Spinach and Cherry Pie	9:30 Puzzles 10:00 What's In the Bag? 10:30 Hard or Soft Game 12:30 PM Stretch 1:00 Barber Shop Music 2:00 Horseshoes	
<b>Thursday 10</b>  <b>Lunch:</b> Stuffed Cabbage, Vegetable Medley, Dinner Roll and Sugar Cookies	9:30 Frog Game 10:00 Frog Categories 10:30 Frog Facts 12:30 PM Stretch 1:00 40's Music 2:00 Shake, Rattle and Roll	
<b>Friday 11</b>  <b>Lunch:</b> Fried Fish, French Fries, Cole Slaw and Lemon Mousse	9:30 Mother's Day Stories 10:00 Mom Poems 10:30 Motherly Humor 12:30 PM Stretch 1:00 100 <sup>th</sup> B-Day Party & 2:00 Mother's Day Social!	Happy Birthday Dorothy P (5/12) and a Happy 100 <sup>th</sup> Norma C (5/13)!!

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<b>Monday 14</b>  <b>Lunch:</b> BBQ Chicken, Pasta Salad, Corn and Coconut Cream Pie	9:30 Penny Ante 10:00 Brain Drain 10:30 Trivia 12:30 PM Stretch 1:00 Glenn Miller 2:00 Ring Toss	Happy Birthday Robert W and Linda B!
<b>Tuesday 15</b>  <b>Lunch:</b> Baked Ziti, Garlic Toast and Orange Cream Bars	9:30 Table Talk 10:00 Horse Categories 10:30 Horse Trivia 12:30 PM Stretch 1:00 Country Music 2:00 Octaband	Happy Birthday Debi B!
<b>Wednesday 16</b>  <b>Lunch:</b> Roast Turkey, Mashed Potatoes, Peas and Carrots and Blueberry Crisp	9:30 On This Day 10:00 Manner's Matter 10:30 History of Aprons 12:30 PM Stretch 1:00 40's, 50's and 60's 2:00 Shake, Rattle and Roll	Happy Birthday Paul N!
<b>Thursday 17</b>  <b>Lunch:</b> Chicken Fingers, Cucumbers, Spiral Fries and Confetti Cake	9:30 Fan Craft 10:00 Who Am I? 10:30 63 Year Reign 12:30 PM Stretch 1:00 Old Commercials 2:00 Simon Says	Happy Birthday Annette M!
<b>Friday 18</b>  <b>Lunch:</b> Dill Glazed Salmon, Rice Pilaf, Squash and Dessert	9:30 Fan Craft 10:00 Fan Etiquette 10:30 Calling Cards 12:30 PM Stretch 1:00 Love Songs 2:00 Name Game	Happy Birthday Shirley P and Beverly L (5/20)!

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<b>Tuesday 22</b>  <b>Lunch:</b> Chicken Picatta, Broccoli, Fettucine and Chocolate Chip Cookies	9:30 Flower Craft 10:00 What Would You Do? 10:30 Favorites A - Z 12:30 PM Stretch 1:00 Dance Songs 2:00 Let's Dance!	
<b>Wednesday 23</b>  <b>Lunch:</b> Chicken, Roasted Potatoes, California Blend Vegetables and Lemon Bars	9:30 Bird Craft 10:00 Tell All 10:30 Bird Trivia 12:30 PM Stretch 1:00 Name That Bird 2:00 Chair Yoga	Happy Birthday Kathryn B!
<b>Thursday 24</b>  <b>Lunch:</b> Baked Ham, Scalloped Potatoes, Vegetable Medley and Peanut Butter Pie	9:30 Life Skills 10:00 Games of Childhood 10:30 Free Toy Story 12:30 PM Stretch 1:00 Andrew Sisters 2:00 Bowling	
<b>Friday 25</b>  <b>Lunch:</b> Fried Fish, French Fries, Cole Slaw and Banana Cake	9:30 Current Events 10:00 Number Game 10:30 R/W/B Game 12:30 PM Stretch 1:00 Patriotic Music 2:00 Memorial Day Social	Happy Birthday James A, Pauline S (26 <sup>th</sup> ) and Joan N (27 <sup>th</sup> )!

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<b>Wednesday 30</b> <b>Lunch:</b> Creamy Swiss Chicken, Rice Pilaf, Broccoli and Cherry Chocolate Bar	9:30 Password 10:00 Claim to Fame 10:30 Leading Men 12:30 PM Stretch 1:00 Elvis 2:00 Occupation Charades	
<b>Thursday 31</b> <b>Lunch:</b> BBQ Pork Ribette, Macaroni and Cheese, Carrots and Lemon Poppy Seed Cake	9:30 Traditions 10:00 Opposites 10:30 Famous Pairs 12:30 PM Stretch 1:00 Movie/Manicures 2:00 Movie/Manicures	
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