



Monthly News

We would like to welcome each of our new participants!

We look forward to serving your needs.

We continue to expand and grow in large part due to our existing participants and their caregivers. Thank you so much for your referrals and we hope that you will continue to spread the word about our program.

If the PACE center is closed and you need urgent medical advice and assistance, call the Center to reach the answering service who will page our on-call medical staff. Please do not call this number for an emergency. For emergencies, **please call 911.**

Important information

If you need to stay home for a non-medical reason on a day that you are scheduled to come into the Center, please call the transportation service to cancel your ride. Please also call the Center after 8 a.m. to let us know you won't be coming in.

Please remember to wear your transportation name badge when being transported to the site. This is for your safety.

Please do not bring food items from home into the Center. Many of our participants are on special diets, or have allergies, and the sharing of food may pose a hazard to their well-being. However, if you are planning on bringing in a birthday cake, please let us know the day before. All birthday cakes must be store bought (sorry, we cannot accept homemade cakes).

Transportation note: Pick up and drop off times may vary due to various unavoidable circumstances. These circumstances include weather, road conditions and delays with previous pick up and drop offs on the same day. Please note that the afternoon transport does not leave the center until each participant is helped onto the van individually to ensure safety and security. If you have any questions or concerns about your transportation times, please speak with the Transportation Coordinator at the site.

PLEASE NOTE THAT ALL SUMMIT SITES ARE CLOSED ON WEDNESDAY, JULY 4TH.

Summit ElderCare contact information

88 Masonic Home Rd. Charlton, MA 01507

1-508-434-3200 (TRS 711) • 8 a.m.–5 p.m., Monday–Friday

Activities Coordinator: Renee Aucoin: 1-508-784-3234

Inclement weather line (toll-free): 1-855-508-3722

Transportation service: Quality Chair Van: 1-508-793-9000



Caregiver Corner

Caregivers and family members are welcome and highly encouraged to attend any and all of our support groups. Below are the groups scheduled for this month. Each group offers education, support and the opportunity to meet other caregivers and family members. Refreshments are offered at each group as well.

Topic	Date/Time	Location	Contact	Sponsoring site

Tip of the month:



Activities calendar

July 2 - 6, 2018

Room: Hilltop

	Activities	Extras
Monday 2 Lunch: BBQ Chicken, Corn, Baked Potato and Peanut Butter Brownie	9:30 July IQ 10:00 Cards for Vets 10:30 Independence Day 12:30 PM Stretch 1:00 Name 10 2:00 True or False	
Tuesday 3 Lunch: Chicken Marsala, Asparagus, Parslied Noodles and Chocolate Cream Pie	9:30 Famous Birthday's 10:00 Current Events 10:30 A Little Mixed Up 12:30 PM Stretch 1:00 You Be the Judge 2:00 Let's Chat	
Wednesday 4 Lunch:		CLOSED FOR THE HOLIDAY
Thursday 5 Lunch: BBQ Pork Riblette, Mac and Cheese, Carrots and Lemon Poppy seed Cake	9:30 Searching July 10:00 M Word Game 10:30 Mathematics 12:30 PM Stretch 1:00 Minute to Win It 2:00 Shake, Rattle and Roll	
Friday 6 Lunch: Crab Cakes, Potato Wedges and Scandinavian Vegetables	9:30 Day at the Park 10:00 Board Games 10:30 50's Trivia 12:30 PM Stretch 1:00 Karaoke 2:00 Let's Dance!	

Note:

Coffee Social and table games every day from 8:00 a.m. to 9:30 a.m.

Lunch is served at 11:30 a.m.

Walk and Roll at 1:00 p.m.

Sensory Enhancement at 2:30 p.m. every day



Activities calendar

July 9 - 13, 2018

Room: Hilltop

	Activities	Extras
Monday 9 Lunch: Beef Macaroni Casserole, Asparagus, Roll and Pudding	9:30 Fire Up the Grill 10:00 Dear Melissa 10:30 Name That Bird 12:30 PM Stretch 1:00 Bingo 2:00 Wacky Wordies	
Tuesday 10 Lunch: Chicken Thighs, Zucchini & Summer Squash, Sweet Potato and Ice Cream	9:30 Tour de France 10:00 Shave & a Haircut 10:30 Word Hub 12:30 PM Stretch 1:00 Pokeno 2:00 Iced Tea Social	
Wednesday 11 Lunch: Glazed Ham, Mashed Potatoes, Brussel Sprouts and Boston Cream Pie	9:30 Word Match 10:00 Find It 10:30 Let's Paint 12:30 PM Stretch 1:00 Bottom's Up 2:00 Have You Ever?	
Thursday 12 Lunch: Chicken Parmesan, Noodles, Green Beans and Cannoli	9:30 Jumbled Colors 10:00 Tools of the Trade 10:30 Word in a Word 12:30 PM Stretch 1:00 Mixed Up Tools 2:00 Big Fib	
Friday 13 Lunch: Lemon Baked Fish, Rice, California Vegetables and Cream Pie	9:30 Stamp Categories 10:00 Mind Stretchers 10:30 This & That 12:30 PM Stretch 1:00 Jeopardy 2:00 Opinions Matter	

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Activities calendar

July 16 - 20, 2018

Room: Hilltop

	Activities	Extras
Monday 16 Lunch: Teriyaki Chicken, Rice, Oriental Vegetables and Peach Crisp	9:30 Beach Scramble 10:00 Auto Trivia 10:30 Parts of a Car 12:30 PM Stretch 1:00 Hangman 2:00 Let's Chat	
Tuesday 17 Lunch: Cheese Stuffed Pasta, Tuscan Vegetables, Garlic Bread and Pudding	9:30 Family Secrets 10:00 Flower Discussion 10:30 Kentucky Derby 12:30 PM Stretch 1:00 Pictionary 2:00 Horoscopes	
Wednesday 18 Lunch:		<u>CHARLTON</u> <u>SUMMIT</u> <u>IS</u> <u>CLOSED</u>
Thursday 19 Lunch:		<u>CHARLTON</u> <u>SUMMIT</u> <u>IS</u> <u>CLOSED</u>
Friday 20 Lunch:		<u>CHARLTON</u> <u>SUMMIT</u> <u>IS</u> <u>CLOSED</u>

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Activities calendar

July 23 - 27, 2018

Room: Hilltop

	Activities	Extras
Monday 23 Lunch: BBQ Chicken, Pasta Salad, Corn on the Cob and Coconut Cream Pie	9:30 Robots 10:00 Water Creatures 10:30 What's Missing? 12:30 PM Stretch 1:00 Ring Toss 2:00 Camping Fun	
Tuesday 24 Lunch: Baked Ziti, Garlic Toast and Orange Cream Bars	9:30 Connect the Dots 10:00 Swimming Memories 10:30 Crooners 12:30 PM Stretch 1:00 Bowling 2:00 Backyard Games	
Wednesday 25 Lunch: Roast Turkey, Mashed Potatoes, Peas and Carrots and Blueberry Crisp	9:30 Blue Grass Music 10:00 Fun with Humor 10:30 Pros and Cons 12:30 PM Stretch 1:00 What's In the Bag? 2:00 Create with Clay	
Thursday 26 Lunch: Chicken Fingers, Marinated Cucumbers, Seasoned Fries and Confetti Cake	9:30 The Big Picture 10:00 Kite Surfing 10:30 Chair Yoga 12:30 PM Stretch 1:00 Penny Ante 2:00 3's Company, 4's a Crowd	
Friday 27 Lunch: Dill Glazed Salmon, Rice Pilaf, Zucchini and Summer Squash	9:30 Craft 10:00 Famous Rick Bands 10:30 Who Plays There? 12:30 PM Stretch 1:00 Sing-a-long 2:00 Word Match	

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Sensory Enhancement at 2:30 p.m. every day



Activities calendar

July 30 – Aug. 3, 2018

Room: Hilltop

	Activities	Extras
Monday 30 Lunch: Spaghetti & Meat Sauce, Buttered Breadstick and Vanilla Pudding	9:30 Positive Thoughts 10:00 Oatmeal Facials 10:30 Manicures 12:30 PM Stretch 1:00 Hot Potato 2:00 Inventions	
Tuesday 31 Lunch: Chicken Picatta, Broccoli, Fettucine and Chocolate Chip Cookie	9:30 Colorful Songs 10:00 Storage Shed 10:30 At the Beach 12:30 PM Stretch 1:00 Four Klngs 2:00 My First.....	
Wednesday Lunch:		
Thursday Lunch:		
Friday Lunch:		

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Tip of the month:



Activities calendar

July 2 - 6, 2018

Room: Meadowside

	Activities	Extras
Monday 2 Lunch: BBQ Chicken, Corn, Baked Potato and Peanut Butter Brownie	9:30 July 4 th Craft 10:00 Word Scramble 10:30 Star Toss Game 12:30 PM Stretch 1:00 Yankee Doodle Ball 2:00 Monthly Gazette	
Tuesday 3 Lunch: Chicken Marsala, Asparagus, Parslied Noodles and Chocolate Cream Pie	9:30 July 4 th Craft 10:00 July 4 th Memories 10:30 July 4 th Trivia 12:30 PM Stretch 1:00 Patriotic Music 2:00 Who AM I?	
Wednesday 4 Lunch:		CLOSED FOR THE HOLIDAY
Thursday 5 Lunch: BBQ Pork Riblette, Mac and Cheese, Carrots and Lemon Poppy Seed Cake	9:30 Table Games 10:00 Places You've Lived 10:30 State Plate Game 12:30 PM Stretch 1:00 State Songs 2:00 State Facts	
Friday 6 Lunch: Crab Cakes, Potato Wedges and Scandinavian Vegetables	9:30 Puzzles 10:00 Circle Talk 10:30 Conversation Ball 12:30 PM Stretch 1:00 Dance Songs 2:00 Hangman	

Note:

Coffee Social and table games every day from 8 a.m. to 9:30
 Lunch is served at 11:30
 Chapel visits as desired
 1:1 and Sensory visits throughout the day.



Activities calendar

July 9 - 13, 2018

Room: Meadowside

	Activities	Extras
Monday 9 Lunch: Beef Macaroni Casserole, Asparagus, Roll and Pudding	9:30 Penny Ante 10:00 This Month in History 10:30 Password 12:30 PM Stretch 1:00 Country Songs 2:00 Name Ten	
Tuesday 10 Lunch: Chicken Thighs, Zucchini & Summer Squash, Sweet Potato and Ice Cream	9:30 Daily Chronicles 10:00 Pros and Cons 10:30 Famous Couples 12:30 PM Stretch 1:00 Show Tunes 2:00 Terms	
Wednesday 11 Lunch: Glazed Ham, Mashed Potatoes, Brussel Sprouts and Boston Cream Pie	9:30 Life Skills 10:00 Show of Hands 10:30 Bean Bag Toss 12:30 PM Stretch 1:00 Name That Tune 2:00 Music Trivia	
Thursday 12 Lunch: Chicken Parmesan, Noodles, Green Beans and Cannoli	9:30 Number Games 10:00 Favorite Things 10:30 Octaband 12:30 PM Stretch 1:00 Barbershop Quartet 2:00 "O" Trivia	
Friday 13 Lunch: Lemon Baked Fish, Rice, California Vegetables and Cream Pie	9:30 Bottom's Up 10:00 Rhymes With Soil 10:30 Swim Categories 12:30 PM Stretch 1:00 Beach Memories 2:00 Sand Castles Scramble	

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Activities calendar

July 16 - 20, 2018

Room: Meadowside

	Activities	Extras
Monday 16 Lunch: Teriyaki Chicken, Rice, Oriental Vegetables and Peach Crisp	9:30 Remember When.... 10:00 Figures of Speech 10:30 Hodge Podge 12:30 PM Stretch 1:00 Armchair Travel--Ireland 2:00 Irish Music	
Tuesday 17 Lunch: Cheese Stuffed Pasta, Tuscan Vegetables, Garlic Bread and Pudding	9:30 Color a Smile 10:00 Happy A - Z 10:30 Stretch It 12:30 PM Stretch 1:00 Easy Listening 2:00 Easy Does it Trivia	
Wednesday 18 Lunch:		<u>CHARLTON</u> <u>SUMMIT</u> <u>IS</u> <u>CLOSED</u>
Thursday 19 Lunch:		<u>CHARLTON</u> <u>SUMMIT</u> <u>IS</u> <u>CLOSED</u>
Friday 20 Lunch: Fried Fish, French Fries, Cole Slaw and Lemon Mousse	9:30 Daily Chronicles 10:00 Name On 10:30 Hub Words 12:30 PM Stretch 1:00 Name That Tune 2:00 Shake, Rattle and Roll	<u>CHARLTON</u> <u>SUMMIT</u> <u>IS</u> <u>CLOSED</u>

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Tuesday 24 Lunch: Baked Ziti, Garlic Toast and Orange Cream Bars	9:30 Tell a Joke! 10:00 What Makes You Smile? 10:30 Crazy Dances 12:30 PM Stretch 1:00 Funny Videos 2:00 Knock Knock Jokes	
Wednesday 25 Lunch: Roast Turkey, Mashed Potatoes, Peas and Carrots and Blueberry Crisp	9:30 Daily Chronicles 10:00 Tribond 10:30 Ring Toss 12:30 PM Stretch 1:00 Hymns 2:00 Things in a Church	
Thursday 26 Lunch: Chicken Fingers, Marinated Cucumbers, Seasoned Fries and Confetti Cake	9:30 Table Talk 10:00 Visual Memory Game 10:30 Parachute 12:30 PM Stretch 1:00 Sport Bloopers 2:00 Slogans	
Friday 27 Lunch: Dill Glazed Salmon, Rice Pilaf, Zucchini and Summer Squash	9:30 Chat Pack 10:00 Mind Stretchers 10:30 Anagrams 12:30 PM Stretch 1:00 Music from the 30's and 40's 2:00 What Am I?	

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Tuesday 31 Lunch: Chicken Picatta, Broccoli, Fettucine and Chocolate Chip Cookie	9:30 Dear Barbara 10:00 Act it Out 10:30 What Would You Do? 12:30 PM Stretch 1:00 Movie/Table Games 2:00 Movie/Table Games	
Wednesday Lunch:		
Thursday Lunch:		
Friday Lunch:		

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