



Monthly News

We would like to welcome each of our new participants!

We look forward to serving your needs.

We continue to expand and grow in large part due to our existing participants and their caregivers. Thank you so much for your referrals and we hope that you will continue to spread the word about our program.

If the PACE center is closed and you need urgent medical advice and assistance, call the Center to reach the answering service who will page our on-call medical staff. Please do not call this number for an emergency. For emergencies, please call 911.

Important information

If you need to stay home for a non-medical reason on a day that you are scheduled to come into the Center, please call the transportation service to cancel your ride. Please also call the Center after 8 a.m. to let us know you won't be coming in.

Please remember to wear your transportation name badge when being transported to the site. This is for your safety.

Please do not bring food items from home into the Center. Many of our participants are on special diets, or have allergies, and the sharing of food may pose a hazard to their well-being. However, if you are planning on bringing in a birthday cake, please let us know the day before. All birthday cakes must be store bought (sorry, we cannot accept homemade cakes).

Riverside Room

Summit ElderCare contact information

101 Wason Ave. Springfield, MA 01107

1-413-272-6178 (TRS 711) • 8 a.m.–5 p.m., Monday–Friday

Activities Coordinator: Virginia Ericksberg: 1-774-317-6160

Inclement weather line (toll-free): 1-855-508-3722

Transportation service: Hulmes Transportation: 1-413-323-6100



Activities calendar

March 1 - 2

Room: Riverside Room

	Activities	Extras
Monday Lunch:		
Tuesday Lunch:		
Wednesday Lunch:		
Thursday 1 Lunch: Pot Roast, Mashed Potatoes and Sweet and Sour Cabbage	10:00 Exercise/Walking 11:00 Trivia 12:30 Exercise/Walking 1:00 Joel 2:00 White Board Games 3:00 Old T.V. Shows	Happy Birthday: Margherita L. 11:00 Wellness Group 1:00 Women's Group
Friday 2 Lunch: Pollack, Scalloped Potatoes and Peas	10:00 Exercise/Walking 11:00 Craft 1:00 Exercise/Walking 1:30 Dr. Phil's Pers. Test 2:00 Bingo 3:00 Short Story	Happy Birthday: Julia M, Norman F. . 12:45 Manicures 1:00 Men's Group

Note:

Lunch everyday 12:00 to 1:00
 Current Events Everyday 9:30 to 10:00
 Right of the month, You Have a Right to Information and Assistance

Activities calendar

March 5 - 9

Room: Riverside Room

	Activities		Extras
Monday 5 Lunch: Beef Stew	10:00 11:00 1:00 1:30 2:00 3:00	Exercise/Walking What do you Like? Exercise/Walking Humor Sing a Long You be the Judge	11:00 Jeopardy with Bob and Chris 1:00 April's Mind, Body and Spirit Group
Tuesday 6 Lunch: Italian Sausage, peppers, onions, and tomatoes, and ziti	10:00 11:00 1:00 1:30 2:00 3:00	Exercise/Walking Craft Exercise/Walking Random Trivia Music What's for Breakfast?	Happy Birthday: Maureen M. 1:00 Jeopardy with Chris and Bob
Wednesday 7 Lunch: Baked Chicken with Wine Sauce, Yams and mixed vegetables	10:00 11:00 1:00 1:30 2:00 3:00	Exercise/Walking Bingo Exercise/Walking Can you Picture This? Lucky Dog Calling all Birds	11:00 Women's Group 12:45 Pastor Steve
Thursday 8 Lunch: Taco Bowl	10:00 11:00 1:00 1:30 2:00 3:00	Exercise/Walking Horse Racing Exercise/Walking ABC Spring 12 or Less You can't go There	Happy Birthday: Irene L, Kathy S, Mac James A. 11:00 Wellness Group 1:00 Women's Group
Friday 9 Lunch: Vegetable Pasta Bake	10:00 11:00 1:00 1:30 2:00 3:00	Exercise/Walking Craft Exercise/Walking Word Scramble Bingo Double Trouble	1:00 Men's Group 12:45 Manicures

Note:

Lunch everyday 12:00 to 1:00
 Current Events Everyday 9:30 to 10:00
 Happy Birthday: Geraldine S, 3/11 Thomas M. 3/10
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Activities calendar

March 12 - 16

Room: Riverside Room

	Activities	Extras
Monday 12 Lunch: Baked Chicken Latino with Garlic Sauce	10:00 Exercise/Walking 11:00 Puzzles 1:00 Exercise/Walking 1:30 Do you believe? 2:00 Bingo 3:00 Where there's Smoke	Happy Birthday: Gail B. 11:00 Jeopardy with Bob and Chris 1:00 April's Mind, Body and Spirit Group
Tuesday 13 Lunch: Hotdogs and Beans	10:00 Exercise/Walking 11:00 Craft 1:00 Exercise/Walking 1:30 Would you rather 2:00 Left, Right, Center 3:00 Smooth Sailing	Happy Birthday: Elsie C, Anita F. 1:00 Jeopardy with Chris and Bob
Wednesday 14 Lunch: Corned Beef, Potatoes and cabbage	10:00 Exercise/Walking 11:00 Bingo 1:00 Exercise/Walking 1:30 Weather Trivia 2:00 Family Feud 3:00 Movie Quotes	Happy Birthday: Oliver K. 11:00 Women's Group 12:45 Pastor Steve
Thursday 15 Lunch: Stuffed Shells with Chicken Meatballs	10:00 Exercise/Walking 11:00 Craft 1:00 Exercise/Walking 1:30 Random Trivia 2:00 Word Puzzles 3:00 Sing a Long	1:00 Women's Group 11:00 Wellness Group
Friday 16 Lunch: Tuna Salad, Potato Salad and pickled Beets	10:00 Exercise/Walking 11:00 Irish Facts and Humor 12:30 Exercise/Walking 1:00 Lisa Pernice 2:00 White Board Games 3:00 Movie	Happy Birthday: Mary R. 1:00 Men's Group 12:45 Manicures

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Activities calendar

March 19 to 23

Room: Riverside Room

	Activities	Extras
Monday 19 Lunch: Mexican Macaroni and Cheese	10:00 Exercise/Walking 11:00 Jeopardy 1:00 Exercise/Walking 1:30 Bible Trivia 2:00 Pictionary 3:00 Who am I?	11:00 Jeopardy with Bob and Chris 1:00 April's Mind, Body and Spirit Group
Tuesday 20 Lunch: Italian Wedding Soup with BBQ Chicken	10:00 Exercise/Walking 11:00 Craft 12:00 Exercise/Walking 1:00 Take Four 2:00 White Board Games 3:00 Old T.V. Shows	1:00 Jeopardy with Chris and Bob
Wednesday 21 Lunch: Salisbury Steak Latino, Mashed Potatoes and Peas	10:00 Exercise/Walking 11:00 Bingo 1:00 Exercise/Walking 1:30 Drawing 2:00 Alphabet Minute 3:00 Good Things come in 3's	Happy Birthday: Erma C, Luz L. 11:00 Women's Group 12:45 Pastor Steve
Thursday 22 Lunch: Grilled Chicken/tomato sauce/moz. Cheese	10:00 Exercise/Walking 11:00 Tear the Picture 1:00 Exercise/Walking 1:30 Dice Drama 2:00 Scategories with a Twist 3:00 As Green As...	Happy Birthday: Elsie C, Maria C, Betty D, Robert N. 11:00 Wellness Group 1:00 Women's Group
Friday 23 Lunch: Potato Pollack Fillet with Au Gratin Potatoes	10:00 Exercise/Walking 11:00 Scrambled Eggs 1:00 Exercise/Walking 1:30 The Edible Egg 2:00 Bingo 3:00 How do you like your Eggs?	Happy Birthday: Catherine J, Vicky P, Patty T. 12:45 Manicures 1:00 Men's Group

Note:

Lunch everyday 12:00 to 1:00

Current Events Everyday 9:30 to 10:00

Happy Birthday: Gladys C, Claire I, Audrey N, Thomas F. 3/24

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Activities calendar

March 26 - 30

Room: Riverside Room

	Activities	Extras
Monday 26 Lunch: "Not" Stuffed Cabbage	10:00 Exercise/Walking 11:00 Sing a long 1:00 Exercise/Walking 1:30 Spring Fever 2:00 Observation Game 3:00 Who am I?	Happy Birthday: Patricia P. 11:00 Jeopardy with Bob and Chris 1:00 April's Mind, Body and Spirit Group
Tuesday 27 Lunch: Roast Pork, Oven Brown Potatoes and Squash	10:00 Exercise/Walking 11:00 Craft 1:00 Exercise/Walking 1:30 "And" How 2:00 I Hear Memories 3:00 Bit of Tennessee	1:00 Jeopardy with Chris and Bob
Wednesday 28 Lunch: American Chop Suey	10:00 Exercise/Walking 11:00 Bingo 1:00 Exercise/Walking 1:30 March IQ 2:00 12 or Less 3:00 Kenyon Safari	11:00 Women's Group 12:45 Pastor Steve
Thursday 29 Lunch: Breaded Veal Patty, Mashed Potatoes and Corn	10:00 Exercise/Walking 11:00 Baseball Facts 1:00 Exercise/Walking 1:30 Humor 2:00 Baseball Puzzles 3:00 Trivia	Happy Birthday: Patricia M, Robert B. 11:00 Wellness Group 1:00 Women's Group
Friday 30 Lunch: Haddock with Dill Sauce, Rice Pilaf and Carrots	10:00 Exercise/Walking 11:00 Craft 1:00 Exercise/Walking 1:30 Who am I? 2:00 Bingo 3:00 Common Factor	1:00 Men's Group 12:45 Manicures

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Friday 2 Lunch: Pollack, Scalloped Potatoes and Peas	10:00 Exercise/Walking 11:00 Scattegories W/A Twist 1:00 Exercise/Walking 1:30 Trivia 2:00 Pokeno 3:00 Feathered Friends	Happy Birthday: Julia M, Norman F. 12:45 Manicures 1:00 Men's group

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Monday 5	10:00	Exercise/Walking	11:00 Jeopardy with Bob and Chris 1:00 April's Mind, Body and Spirit Group
Lunch: Beef Stew	11:00	Alphabet Minute	
	1:00	Exercise/Walking	
	1:30	Weather Trivia	
	2:00	L.R.C.	
	3:00	Drawing Exercise	
Tuesday 6	10:00	Exercise/Walking	Happy Birthday: Maureen M. 1:00 Jeopardy with Chris and Bob
Lunch: Italian Sausage, peppers, onions, and tomatoes, and ziti	11:00	Craft	
	1:00	Exercise/Walking	
	1:30	50's Kind of Wife	
	2:00	Yahtzee	
3:00	What's For Breakfast?		
Wednesday 7	10:00	Exercise/Walking	11:00 Women's Group 1:00 Pastor Steve
Lunch: Baked Chicken with Wine Sauce, Yams and mixed vegetables	11:00	Word Puzzles	
	1:00	Exercise/Walking	
	1:30	Random Trivia	
	2:00	Bingo	
3:00	Calling all Birds		
Thursday 8	10:00	Exercise/Walking	Happy Birthday: Irene L, Kathy S, Mc James A. 11:00 Wellness Group 1:00 Women's Group
Lunch: Taco Bowl	11:00	Bingo	
	1:00	Exercise/Walking	
	1:30	ABC Spring	
	2:00	Penny Ante	
3:00	What's Wrong?		
Friday 9	10:00	Exercise/Walking	1:00 Men's Group 12:45 Manicures
Lunch: Vegetable Pasta Bake	11:00	Word Scramble	
	1:00	Exercise/Walking	
	1:30	Wii Bowling	
	2:00	Horse Racing	
3:00	You Can't go There		

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Monday 12 Lunch: Baked Chicken Latino with Garlic Sauce	10:00 Exercise/Walking 11:00 Hang Man 1:00 Exercise/Walking 1:30 Women Trivia 2:00 Name Game 3:00 You be the Judge	Happy Birthday: Gail B. 11:00 Jeopardy with Bob and Chris 1:00 April's Mind, Body and Spirit Group
Tuesday 13 Lunch: Hotdogs and Beans	10:00 Exercise/Walking 11:00 Craft 1:00 Exercise/Walking 1:30 Wellness Counts 2:00 Men's Matinee 3:00 Hoosier Discussion	Happy Birthday: Elsie C, Anita F. 1:00 Jeopardy with Chris and Bob
Wednesday 14 Lunch: Corned Beef, Potatoes and cabbage	10:00 Exercise/Walking 11:00 Bird Brain Game 1:00 Exercise/Walking 1:30 Farmer's Almanac 2:00 Bingo 3:00 Double Trouble	Happy Birthday: Oliver K. 11:00 Women's Group 1:00 Pastor Steve
Thursday 15 Lunch: Stuffed Shells with Chicken Meatballs	10:00 Exercise/Walking 11:00 Bingo 1:00 Exercise/Walking 1:30 Movie Quotes 2:00 Jeopardy 3:00 Observation Game	1:00 Women's Group 11:00 Wellness Group
Friday 16 Lunch: Tuna Salad, Potato Salad and pickled Beets	10:00 Exercise/Walking 11:00 Totally Rad in the 80's 12:30 Exercise/Walking 1:00 Lisa Pernice 2:00 White Board Games 3:00 Irish Humor	Happy Birthday: Mary R. 1:00 Men's Group 12:45 Manicures

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Wednesday 21 Lunch: Salisbury Steak Latino, Mashed Potatoes and Peas	10:00 Exercise/Walking 11:00 Word Mining 1:00 Exercise/Walking 1:30 Good Times come in 3 2:00 Bingo 3:00 Pass it on	Happy Birthday: Erma C, Luz L. 11:00 Women's Group 1:00 Pastor Steve
Thursday 22 Lunch: Grilled Chicken/tomato sauce/moz. Cheese	10:00 Exercise/Walking 11:00 Craft 1:00 Exercise/Walking 1:30 "And" How 2:00 Karaoke 3:00 Springtime Quotes	Happy Birthday: Elsie C, Maria C, Betty D, Robert N. 11:00 Wellness Group 1:00 Women's Group
Friday 23 Lunch: Potato Pollack Fillet with Au Gratin Potatoes	10:00 Exercise/Walking 11:00 Scrambled Eggs 1:00 Exercise/Walking 1:30 The Edible Egg 2:00 Pokeno 3:00 How do you like your Eggs?	Happy Birthday: Catherine J, Vicky P, Patty T. 12:45 Manicures 1:00 Men's Group

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Tuesday 27 Lunch: Roast Pork, Oven Brown Potatoes and Squash	10:00 Exercise/Walking 11:00 Craft 1:00 Exercise/Walking 1:30 Star of the Month 2:00 21 Card Game 3:00 Academy Award Winners	1:00 Jeopardy with Chris and Bob
Wednesday 28 Lunch: American Chop Suey	10:00 Exercise/Walking 11:00 Left, Right, Center 1:00 Exercise/Walking 1:30 Mixed up Crafts 2:00 Bingo 3:00 Who am I?	11:00 Women's Group 1:00 Pastor Steve
Thursday 29 Lunch: Breaded Veal Patty, Mashed Potatoes and Corn	10:00 Exercise/Walking 11:00 Bingo 1:00 Exercise/Walking 1:30 March IQ 2:00 UNO 3:00 Humor	Happy Birthday: Patricia M, Robert B. 11:00 Wellness Group 1:00 Women's Group
Friday 30 Lunch: Haddock with Dill Sauce, Rice Pilaf and Carrots	10:00 Exercise/Walking 11:00 Baseball Facts and Trivia 1:00 Exercise/Walking 1:30 Home Run 2:00 Jeopardy 3:00 Mixed up Baseball	1:00 Men's Group 12:45 Manicures

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